# Assistance in the Implementation of Peer Group Counseling for Tegal City Genre Volunteers as an Effort to Prevent Early Marriage During the Covid 19 Pandemic

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#### Abstract

This community service activity is held based on the reality that many early marriages seem "forced" and end up with less comfortable things, especially in terms of psychology. Based on this, we want to share information on the impact of early marriage in terms of psychological, social, economic, health and o, and their. The socialization from related parties makes us want to do service to provide selling assistance counseling teenagers have insight into the impact of promiscuity and young marriage so that teenagers avoid various problems in navigating life. The target of this service is the genre volunteers of the city of Tegal of junior-high school age as the subjects of the service. The service implementation procedure uses three methods, namely the three lects: lecture, peer group counseling assist counseling the activity process. Many parts activation gave a positive response, namely by asking our team many questions about various things related to the positive and negative impacts of early marriage, so we can conclude that this mentoring activity is beneficial, especially in this case volunteers a genre that is still common with the effects of early marriage. We hope that after this peer group counseling assistance activity, all participants can resocialize it to their friends in their environment so that young people can understand and consider the positive and negative impacts of getting married at a young age. In addition, parental supervision also needs to be improved.

Keywords: children, cases, counseling, penitentiary, guidance

#### **1. Introduction**

It has been more than a year since the covid-19 pandemic attacked all regions worldwide, including Indonesia. From March 2020 until now, the pandemic outbreak has not yet been completed (Woods et al., 2020). The problems that arise are none other than the government's strategy in dealing with the pandemic, one of which is the strategy of a large-scale social restriction movement that triggers conflicts in various sectors (Susilawati et al., 2020). Many are pro and contra this policy. The most felt competition is people reluctant to obey the government's policies to overcome the pandemic (Ngadi et al., 2020).

Marriage is one of the developmental tasks that humans will go through throughout their life spans. According to law no.16 of 2019, as an amendment to law number 1 of 1974 concerning marriage, early marriage is a marriage under the age of 19 years provided it has obtained permission from both male and female parents (Abdul Karim & Eryando, 2018). However, suppose there is something that deviates from the act, such as cases of pregnancy outside of marriage before the woman reaches the age of 16 years, and the man has not reached the age of 19 years (Himawan et al., 2021). In that case, the law can still provide the possibility of a predetermined age limit by asking for a dispensation to the court or other officials appointed by both parents of the woman and the man. This is based on article 7, paragraph 2 of the marriage law no—1 of 1974.

Teenagers, with the development of the times, show concern as well. This growing world makes children who should still be engrossed in playing have to swallow information on inappropriate love relationships too early, which triggers early hormone maturation (Mwanukuzi & Nyamhanga, 2021). Feeling easily bored and wanting something new makes him enter an unhealthy relationship (Bozhabadi et al., 2020). The verbal and non-verbal sexual violence she receives from social media is increasingly vulnerable to various variations of social madia that are developing in the current era to unwanted pregnancies (Suwana & Lily, 2017).

One example is the case of a teenager with the initials (E), a private high school student who has to bear the shame of free sex behavior he does with his partner. She experienced pregnancy out of wedlock. The case could not find a solution because (E) was considered to have had sex with five different men until her uncle, who felt sorry for finally investigating who the baby's father was carrying by (E) and finally found a student. A private college student who is the girlfriend of (E) who lives in the city of Tegal as well, now (E) has given birth and chooses to hide her baby in her partner's house instead of in (E's) neighborhood.

The findings in the field encourage us that there is a need for counseling so that teenagers have insight into the impact of early marriage and avoid various problems in navigating life (Bimrose & Hearne, 2012; Reed-Fitzke et al., 2020). Based on the findings in the field encourages us to realize the goal of this community service that the need for counseling is needed so that teenagers have insight into the impact of early marriage teenagers avoid various problems in navigating life (Celik, 2020). This activity benefits all parties, especially the Tegal city Genre forum volunteers for 2020-2022. In addition to getting information, participants also gain knowledge and understanding about early marriage's positive and negative impacts so that it can be considered when they want an earlier marriage.

## 2. Method

The process of implementing community service to volunteers uses three methods, namely: Lecture method. This method provides information related to the problems that often arise in the adolescent environment, one of which is about early marriage in terms of health, social, economic, and psychological. In addition, it also provides information related to the implementation of peer group counseling so that genre volunteers can find out how to implement it and when it can be started, and what kinds of issues can be used as themes in the implementation of peer group counseling. This lecture method was delivered directly by the head of the community service executive Prof. Dr. Hj. Sitti Hartinah, DS, MM, and accompanied by members of the community service team in the vasectomy/tubectomy room baked building, Tegal City government.

The second is discussion method. This method is used to discuss the materials that have been delivered, both the themes/issues that are developing and the implementation plan of the peer group counseling. At this stage of discussion, led by Renie Tri Herdiani, M.Pd and accompanied by the entire implementation team in the vasectomy/tubectomy room baked building Tegal city government.

Mentoring method. This method aims to assist the implementation of peer group counseling conducted by genre volunteers. So that the process of implementing peer group counseling follows the rules. At this stage, all teams accompany the process of implementing peer group counseling for several meetings until it is declared completed according to the agreed schedule.

## 3. Result and Discussion

The community service activity with the theme in the form of mentoring for the implementation of peer group counseling for volunteers of the Tegal city genre as an effort to prevent early marriage during the covid 19 pandemic was held based on the reality on the ground that we saw that the rise of early marriage was impressed because it was "forced" and ended with things that happened less wearing things, especially in terms of psychology. On this basis, we would like to share information on the impact of early marriage in various aspects such as psychological, social, economic, health and others.

During the activation process, many participants gave a positive response, namely by asking our team many questions about various things related to the positive and negative impacts of early marriage, so we can conclude that this mentoring activity is beneficial, especially among young people, in this case, volunteers genre that is still common with the effects of early marriage.

In the conditions of the covid-19 pandemic, which has been around for more than a year, many alternative ways can remain productive by applying health protocol rules and utilizing existing technology. This service activity was carried out at the Tegal city hall, to be precise, the third floor of the finance division building in the DPPKBP2PA room, with a total of 34 youth members of the Tegal city GenRe volunteer.

The first preparation for implementing this service activity was to conduct initial observations in the Genre volunteer environment to determine the next steps. Then apply for permission from the relevant agencies and immediately carry out peer group counseling assistance services for Tegal city Genre volunteers to prevent early marriage during the covid-19 pandemic. Then the implementation of this service activity begins by providing material related to the impact of early marriage, both positive and negative impacts, with the lecture method, followed by discussions and ending with peer group counseling assistance.

Community service activities in the form of assistance in implementing peer group counseling for Tegal city Genre volunteers to prevent early marriage during the covid-19 pandemic is an application,s of one of the tri dharma college programs. The lecturer of the faculty of teacher training and education at Pancasakti university Tegal, who is also on the implementing team, seeks to provide understanding to the younger generation through genre volunteers to understand and prevent early marriage during the covid-19 pandemic to the younger generation as a form of service given to the community in this case the next generation community nations next generation.

From the activity results, we found that this peer group counseling assistance was very beneficial for participants, not only receiving material but also being able to share experiences in providing knowledge to the younger generation through Genre volunteers. As previously stated, many people still do not understand the impact of early marriage, especially the negative impact, so they cannot apply it to the younger generation, resulting in the emergence of various psychological, social, economic, health, and criminal problems.

In general, this peer group counseling assistance activity went well. Our team faces almost no significant obstacles or obstacles. Because the activities are carried out for high school/ vocational students outside school hours, the implementation process starts late, not according to a predetermined schedule. However, the implementation went very well according to our teams' expectations which was attended by Tegal city genre volunteers and accompanied by the relevant agencies. During the activity, all participants showed enthusiasm through a long, meaningful, and friendly question-and-answer forum. In addition, the peer group counseling was also very exciting. It could be seen from the enthusiasm of the counseling participants to express their individual opinions without dropping their friends' opinions.

We hope that participants can socialize with other friends after this mentoring activity so that all parties involved can understand the impact of early marriage, especially during the covid -19 pandemic like now and others. So that the adverse effects of early marriage can be avoided for the realization of a happy family sakinah, mawadah warohmah.



Figure 3.1 Following are photos of service actives



Figure 3.2 Following are photos of service actives



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Figure 3.3 Following are photos of service actives



Figure 3.4 Following are photos of service actives

## 4. Conclusion

From the results of the mentoring activities for the implementation of peer group counseling as a form of community service above, it can be concluded that there was a positive response from the relevant agencies and participants in this activity. The presence and activeness evidenced this in the question and answer (discussion) and the desire from the participants for our team to carry out similar activities at other times. There is a lot of information that can be used as learning for them to prevent early marriage and socialize with friends of their age to minimize the occurrence of things that can harm them.

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